



FALL FITNESS RUN

5k***1 Mile Fun Run
Saturday, November 20, 2010
Baxley, GA

TIME: 1 Mile Fun Run -- 8:30 a.m. 5k -- 9:00 a.m. Race Day Registration -- 7:30 a.m.

PLACE: Elementary Complex, Hwy 15; Baxley, GA. Registration and award ceremony inside Complex.

ENTRY FEE: \$8.00 (Children 14 & under -- \$5.00)
ON RACE DAY, \$2.00 will be added -- \$10.00 (Children 14 & under --\$7.00)
(The above fee entitles participant to enter 5k and/or 1 mile)

AWARDS: *T-shirt to each participant
*Trophies to 1st OVERALL & 3 deep in each age group, male/ female (5k & Mile)
*Trophies to TOP MASTER'S male and female in 5k
*Door Prizes
*CASH PRIZE: \$100 BONUS to male/ female for new course record (5k & Mile)



COURSE RECORDS: 5k MALE ----- 15:03 Alan Black; Eatonton, GA 2001
5k FEMALE --- 17:09 Michelle LaFleur; Savannah, GA 2000
1 mile MALE --- 4:25 Alan Black; Eatonton, GA 2001
1 mile FEMALE - 5:07 Michelle LaFleur; Savannah, GA 2000

AGE GROUPS: 5k -- 10 & under; 11-14;15-19;20-24;25-29;30-34;35-39;40-44;45-49;50-54;55-59;60-64;65-69;70 & over.
1 Mile -- 4 & under; 5-6; 7-8; 9-10; 11-12; 13-14; 15-19; 20-29; 30-39; 40-49; 50-59; 60 & over.

RACE DIRECTOR: Dawn Melton (912)367-9830/3250

Race Results & Photos will be posted on the school website: <http://www.appling.k12.ga.us/fdesweb>

T-SHIRT SPONSORS

BILLY PEARCE FARMS	WRIGHT'S FAMILY DAIRY	G & W CUSTOM CABINETS	PET DAIRY
BRANCH & BRANCH FARMS	DAVIS DAIRY	HONEST AL'S ANTIQUES	RONALD REAGIN, DPM
BRANCH FARM SUPPLY	WHITTY & SON DAIRY	HUGH LIGHTSEY & SONS FARMS	HAROLD E RENTZ, JR, DMD
BARNES PHARMACY	ALTAMAHA OIL COMPANY	JIM'S PIZZA	RENTZ & RENTZ INSURANCE
TILLMAN WOOD	AARON'S	MTC INC.	SOUTHEASTERN GIN
SOUTHEASTERN BUSINESS MACHINES	APPLING MOTORS	MORRIS TRUCKING	TOMBERLIN COATING
	BROOKS PECANS	PEACH STATE WOODWORKING	WOODY FOLSOM

Name _____ Male ___ Female ___ Birthdate _____ Age _____
(FIRST Name) (LAST Name) (MONTH-DAY-YEAR)

Address _____ City _____ State _____ Zip _____

Phone # _____ Cell Phone # _____ E-Mail Address _____

Event: 5k ___ Mile ___ Shirt Size: YM YL AS AM AL AXL 2XL (add \$2 for 2X)

IN CONSIDERATION OF ACCEPTANCE OF THIS ENTRY, I WAIVE ANY AND ALL CLAIMS FOR MYSELF AND MY HEIRS AGAINST OFFICIALS AND SPONSORS OF THE FALL FITNESS RUN FOR INJURY WHICH MAY DIRECTLY OR INDIRECTLY RESULT FROM MY PARTICIPATION. I FURTHER STATE THAT I AM IN PROPER PHYSICAL CONDITION TO COMPLETE THE FALL FITNESS RUN. **IN ADDITION, I GRANT PERMISSION FOR RACE OFFICIALS TO POST MY PHOTO AND RACE RESULTS ON THE FOURTH DISTRICT SCHOOL WEB SITE.**

Signature of ENTRANT

Parent's Signature, if entrant is under 18

Make check payable to & mail with entry form to:
FALL FITNESS RUN ; c/o Dawn Melton ; 206 Colonial Dr.; Baxley, GA 31513

ENTRY FEE PAID:
____ \$8.00
____ \$5.00 (14 & under)

Race Day: ADD \$2.00
____ \$10.00
____ \$7.00 (14 & under)

(OFFICIAL USE ONLY) Race Number _____